

# Kick Back on the Katy Trail

Previously the MKT rail line, the Katy Trail spans nearly 240 miles of former railroad from Clinton to Machens. Whether you walk, hike or bike, the Katy Trail is the perfect route for the most scenic views and delicious sips in the Show-Me State. In need of a bike for your adventure? The [Meriwether Café & Bike Shop](#) in Rocheport, [Katy Bike Rental](#) in Defiance and [Bike Stop Café](#) in St. Charles offer options for trail travelers.



Visit the [Daum Museum of Contemporary Art](#) and [Katy Depot](#) railroad museum in Sedalia to see beautiful exhibits and learn about the MKT line. Stop by the [Missouri State Museum](#) in Jefferson City to brush up on state history and peruse artifacts. Before leaving town, take a tour of the allegedly haunted [Missouri State Penitentiary](#).

Hop off the trail in Hermann and experience the rich heritage of Missouri wine country. History buffs will enjoy the [Deutschheim State Historic Site](#). Rest tired muscles with a Katy Trail Biker's Massage at the [Hermann Hill Spa](#). The [Lewis and Clark Boat House and Museum](#) in St. Charles brings the Lewis and Clark expedition to life with boat replicas and exhibits.

Enjoy award-winning wine at 18 wineries dotting the trail. Savor blufftop views of the Missouri River at [Les Bourgeois Vineyards](#) in Rocheport and get a glimpse of the Missouri State Capitol at [Canterbury Hill Winery and Restaurant](#) in Holts Summit. Historic Hermann is home to a number of wineries including [Adam Puchta Winery](#) (the oldest continuously owned family winery in America), [Endless Summer Winery](#), [Hermannhof Winery](#), [OakGlenn Winery](#) and [Stone Hill Winery](#). Take in the countryside at [Lost Creek Vineyard](#) and [Lake Creek Winery](#) in Marthasville, and enjoy a refreshing glass of wine on a patio at [Blumenhof Vineyards & Winery](#) in Dutzow.

Augusta, home to the nation's first AVA, is host to several wineries with unique experiences to offer. Play bocce ball at [Balducci Vineyards](#) and sample wines downtown at [Augusta Winery](#) and [Mount Pleasant Estates](#). Sip and dine amongst the treetops at [Montelle Winery](#) and relax in the hilltop pavilion at [Noboleis Vineyards](#). Head east to Defiance to find delectable vino at [Sugar Creek Winery & Vineyards](#), [Defiance Ridge Vineyards](#) and [Chandler Hill Vineyards](#).



Sightseeing and sipping along the Katy Trail is sure to leave travelers hungry during their trek. Swing by [Ozark Coffee Company](#) in Sedalia for an energizing coffee and homemade breakfast. Break for a quick refuel at [Rocheport General Store](#) for delicious brunch offerings and live music on weekends. Enjoy sandwiches, pizza and appetizers at [Tin Mill Brewery](#) in Hermann. Just east in Marthasville, [Cori's Twin Gables](#) and [Philly's Pizza](#) serve up trailside grub for hungry travelers. Stop in for coffee and homemade desserts at [Dutzow Deli & Restaurant](#) before heading back out on the trail. Browse the menus at [Defiance Roadhouse](#) and [Good News Brewing Company](#) for filling dishes that are sure to satisfy and satiate even the hungriest travelers.



After a long day of hiking or biking, relax and rejuvenate at one of the numerous lodging options along the trail. Stay in a renovated boxcar at the [Katy Trail Bed & Breakfast](#) in Rocheport. Dine near the fire pit, grab supplies and rest up for another day of adventure at [Cooper's Landing](#) campsite in Columbia.

Book a stay at the [Doll House Bed & Breakfast](#) in Rhineland, where visitors are greeted with homemade cookies and a hearty country breakfast. Looking for historic digs? The [Boone Monument Village](#) in Marthasville welcomes guests with restored 19<sup>th</sup> century rooms, and the [Augusta Wine Country Inn Bed & Breakfast](#) offers a "Gone with the Wind" reminiscent stay. For an outdoor stay, [Klondike Park](#) offers camping and cabins outside of Augusta.

No matter how you choose to travel the scenic and historic Katy Trail, enjoy the sightseeing and award-winning sips on your next adventure through Missouri wine country.